

One day soon you'll look back on the days  
you thought you'd never get through and  
smile knowing you never gave up.



<https://www.stonyplain.com/en/live/connecting-to-your-community.aspx#>

## FEBRUARY CONNECTION CHALLENGE



February is seen as the month of connection, with Valentine's Day and Family Day. In the spirit of connection, we are launching the February Connection Challenge. Residents are encouraged to connect with their families, friends and neighbours, build community and strengthen Stony Plain, Spruce Grove and Parkland County's community spirit. Visit our [website](#) for your connection card and contest details.

<https://pclibraries.ca/programs/tweens/builders-club>



### HYBRID BUILDERS CLUB AGES 7+

Bring your Lego Bricks, K'Nex, or other building materials and unleash your creativity in this 1 hour builders club. Each week there will be a new challenge along with plenty of time for free play. In partnership with Spruce Grove Public Library.

Hybrid program is offered virtually via Zoom and limited in-person at Entwistle Library when safe to do so.

Register online: [pclibraries.ca/programs/tweens](https://pclibraries.ca/programs/tweens)  
or call your local library branch for help.



FEB 11  
MAR 11  
APR 8  
MAY 13  
THURSDAYS, 5-6PM



Parkland County Libraries  
Duffield, Entwistle, Keephills, Tomahawk, Wabamun  
[facebook.com/pclibraries](https://facebook.com/pclibraries)  
[www.pclibraries.ca](https://www.pclibraries.ca)



Auggie's Brown Bag Lunch Program  
Come grab some bagged lunches – and perhaps a loaf of bread or two!

Our Program

- Pick up one or more bagged lunches from our church:
- St. Augustine's – Parkland Anglican Church
- 131 Church Road, Spruce Grove
- Tuesdays from 11am to 1pm. Knock at the double doors on the east side of the church building, facing the parking lot.
- We'll also have loaves of bread, buns, and other baked goods for you!
- Our lunches are an assortment of well-balanced food items: sandwich, fresh fruit and/or vegetable, juice box.
- No need to make an order – just show up!

Questions?

Please email us or phone the church at [780.962.5131](tel:780.962.5131).

### Pink Shirt Day

On Pink Shirt Day, Wednesday, February 24, Stony Plain FCSS and the Youth Centre will be joining the national movement in support of anti-bullying. Don't forget, we encourage everyone to practice kindness and wear pink to symbolize that you do not tolerate bullying and join the conversation on Twitter and Facebook **#StonyPlainFCSS** and **#pinkshirtday**



## Register for the Caregiver Education Series through AHS

- [Caregiver Education Sessions](#)

These 90 minute online sessions are intended to provide parents, caregivers, teachers, and community members with introductory information regarding mental health challenges that can affect children/youth. Unless specified, sessions are for an adult audience.

- [Lunch & Learn Webinars](#)

These 60 minute informational webinars are for parents/caregivers who are looking to strengthen their child's/adolescent's ability to thrive through life's challenges and discover strategies that can help build resiliency. We are also offering select Caregiver Education Sessions as part of these Lunch & Learn sessions.

- [Drop-In Series](#)

In February, we are continuing with our parenting series, S.E.E.D.S - Support, Education, and Engagement Drop-In Sessions. These are weekly, 90 minute, drop-in, interactive and educational workshops. They are designed to help parents/caregivers learn foundational parenting strategies that cultivate healthy relationships, strong child development, and resilient families. Participants can register for one session or join us for the series.

To register for a session, follow the links found in the newsletter or visit: <https://www.cyfcaregivereducation.ca/virtual-education>

Visit our website for tip sheets, videos, and more! [www.cyfcaregivereducation.ca](http://www.cyfcaregivereducation.ca)

---