

Millgrove School

Newsletter

January 2021



Thank you Millgrove for your generosity as we participated in the Kinette Hamper campaign and Giving Tree. We sent 15 boxes of non-perishable donations, and over 30 gift cards to Kinette's. We collected 97 toques, 102 pairs of mittens, 12 neck and ear warmers, 19 pairs of socks, 9 scarves, and 3 winter jackets, for an amazing total of 242 items which were delivered to Alberta Parenting for the

Future. We also sent 240 Christmas cards to those serving in the Canadian army and Christmas cards to some of our local care facilities. December was a month focused on gratitude, empathy and care and once again our wonderful community rose to the occasion.

Our students will participate in online learning for the week of January 4-8 and we look forward to seeing them all in person on January 11.

Here is to 2021, a year of new beginnings, a fresh start and a renewal of all of the activities that we have missed.

Respectfully,

L. Madge-Arkininstall

Character Education

For the months of January and February the Character Education Committee will focus on Being KIND to yourself. We will be sharing **I AM** and **I CAN** messages while bringing awareness to positive self talk. Some examples are:

I am learning!

Instead of - I am never going to learn this.

I can do it!

Instead of - I can't do it.

I am going to figure it out!


Instead of - I can't

Being kind to myself might take some practice but I CAN do it!

Here are a few sample videos on positive self talk for your enjoyment.

- [Be Kind to Yourself](#) - Empower Tools - GoNoodle
- [Own Your Power](#) - Empower Tools - GoNoodle
- [The Reflection in Me](#)
- [A Guide to Self-Talk](#)
- [Positive Self Talk](#)
- <https://pin.it/3LZFePO>

Mrs. TeLeni Woloszyn and Mrs. Elaine Dynan



Millgrove School Council

Our **next meeting** for the Millgrove Parent Council will be **Wednesday, January 27th at 6:30pm!**

Once again, this meeting will be hosted virtually through google meets to allow more parents to join, an email will be sent out the week prior with the meeting link.

We would love to see you there!

If you have any questions don't hesitate to reach out!

Anna-Marie Jackson

Millgrove School Council Chair

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Millgrove School Community Foundation

I hope everyone had a wonderful Christmas and a great New Years!

Our next round of **Hot Lunch sales** will be **January 11-17** and **Milk sales** will be **January 18-21**.

There will be 1 day of **cash sales** on **January 14** from 3:50 pm to 4:30 pm. This will be for February lunches and milk. For anyone that had milk tickets left over from last year we will be able to honour them, please send them into the school with parents name/child name/email address.

Foundation Meetings for 2021:

January 12, 2021 - 6:30 pm

February 9, 2021 - 6:30 pm

March 9, 2021 - 6:30 pm

April 13, 2021 - 6:30 pm

May 11, 2021 - 6:30 pm



June 8, 2021 (AGM) - 6:30 pm

For the time being, we will be doing these meetings online so if anyone would like to attend, please email millgrovescfoundation@gmail.com.

Allison Chuey

Library News

Mrs. Smith is now singing to the kindergartens before their story and they get to accompany her with sanitized instruments.

If our Grade 1 and 2 students read 5 appropriate reading level books at home each month they can enter a draw for a poster. Their teachers will hand out the forms every month.

Congratulations to our December winners!

Our grade 2 students will be learning about our nonfiction area in January. We will talk about the directional arrows on the shelves and learn how to choose books safely just like the Grade 3 and 4 students do. In January, Grade 2 students will be learning all about Maple Syrup and Grade 3 students will start learning about lighthouses. Grade 4 students will be learning about Indigenous people through stories and displays.

Office News

Parent Teacher Interviews - Grade K-4

We're excited to be hosting Virtual Parent-Teacher interviews on **Monday, February 1** and **Tuesday, February 2** from 4-7:30 pm

Our booking tool will **open** on **Wednesday, January 20th** so please visit our [Parent Teacher Interviews page](#) at that time to book your interview appointment.



January Happenings

January 4-8: Online School for all K-4 students

January 11-17: Online hot lunch ordering available (for February)

January 15: Hot Lunch: KFC (pre-ordered)

January 18-21: Online milk ordering available (for February)

January 22: Hot Lunch: Pizza 73 (pre-ordered)

January 22: School wide PJ Day

January 29: Hot Lunch: Dairy Queen (pre-ordered)

Parkland School Division - Strong Families Newsletter

This month we are discussing Grief and Loss which all of us have experienced in one form or another, particularly with COVID and the loss of so many things that are important to us.

We hope you are doing well and that you have time during the break to find some rest, relaxation and joy.

If you need information on community supports please call 211 - it is a confidential and free service. You can also access short term emotional and personal support through the Distress Line (open 24 hours a day) at 780-482-4357 (HELP).

[Grief and Loss Stronger Together Newsletter](#)

Take good care,

Vicky Mamczasz

